

ALL INDIA INSTITUTE OF MEDICAL SCIENCES BATHINDA



THE COLLEGE CHRONICLE

ALL INDIA INSTITUTE OF MEDICAL SCIENCES, BATHINDA

(A tertiary care institution under PMSSY, Ministry of Health and Family Welfare, Government of India)

"Fostering a Culture of Success" A Message from the Director



Dear Faculty, Staff and Students,

I hope this message finds you all in good health and high spirits. As we begin a new academic year at ALL INDIA INSTITUTE OF MEDICAL SCIENCES, BATHINDA. I would like to extend my warmest welcome to our new students to one of the premier institutes of our country.

As we move forward, I want to emphasize the importance of maintaining the highest standards in medical education, research and patient care. Our college aims at producing compassionate and competent healthcare professionals.

In the coming months, we will continue to prioritize the health and safety of our college community. Moreover, let us foster a culture of inclusivity and respect, valuing the diversity of ideas and backgrounds among our students, faculty and staff. This collaborative spirit will undoubtedly enrich our educational experiences and enable us to address healthcare challenges more effectively.

I encourage each one of you to actively participate in college activities, research initiatives and community outreach programs. Together, we can make a positive impact on the lives of those we serve and contribute to the advancement of medical knowledge.

In conclusion, I am confident that with our collective efforts and unwavering dedication, we will continue to thrive as a leading institution in medical education and healthcare.

Thank you for being an integral part of the AIIMS BATHINDA family. Let us embark on this new academic year with enthusiasm and determination. Wishing you all a successful and rewarding year ahead. Warm regards,

Prof. Dr. Dinesh Kumar Singh DIRECTOR

AIIMS BATHINDA



Message from Academic Dean

AIIMS Bathinda, an illustrious institution with immense potential, has begun its unstoppable historical journey towards a thriving future.

Looking ahead, we have exciting plans and initiatives in store for the upcoming year. We are actively working towards expanding our course offerings, introducing interdisciplinary programs, and leveraging cuttingedge technologies to enhance your learning experience.



We are committed to providing you with the resources, opportunities, and support necessary to succeed and thrive in your academic journey.

Additionally, we are investing in state-of-the-art facilities and modern infrastructure to ensure that our institute remains at the forefront of medical education, research and innovation. We believe that creating a conducive environment for collaboration, experimentation, and creativity is essential in preparing you for the challenges of the future. Remember, your time at AIIMS Bathinda is not solely about academic pursuits; it is also about personal growth, forging lifelong friendships, and creating memories that will last a lifetime.

I want to express my deepest gratitude to each of you for choosing to be a part of our esteemed institute. Your passion, talent, and unwavering spirit continue to propel us towards greater heights. Together, let us continue to inspire, innovate, and make a positive impact on society. Wishing you all the very best for the academic journey. Warm regards,

Prof. Dr. Akhilesh Pathak DEAN ACADEMICS

Message from Medical Superintendent

It gives me great honor to welcome you at the All India Institute of Medical Sciences, Bathinda. We are committed to provide the highest quality patient care in the safest manner. Our main focus is to provide the best care in a comfortable and compassionate environment.We offer a wide range of medical specialties and services along with state-of-the art equipment and are proud to have a team



of qualified and experienced healthcare professionals dedicated to providing exceptional care to our patients.

We understand that healthcare can be a complex and stressful experience, and we are here to support you at every step of your need. We are here to listen to your concerns and work with you to develop a personalized care plan that meets your unique needs.

It is said, to give real service you must add something that cannot be bought or measured with money and it means sincerity and integrity which is what we all strive to do.

Thank you for choosing our medical facility for your healthcare needs. We look forward to serving you and your family with quality service and excellence in care.

Prof. Dr. Rajiv Kumar Gupta MEDICAL SUPERINTENDENT

ABOUT AIIMS BATHINDA

All India Institute of Medical Sciences (AIIMS) Bathinda is one of the apex healthcare institutes being established by the Ministry of Health & Family Welfare, Government of India under the Pradhan Mantri Swasthya Suraksha Yojna (PMSSY). It is a medical college and medical research public university based in Bathinda, Punjab, India. As one of the All India Institutes of Medical Sciences, it operates autonomously under the Ministry of Health and Family Welfare. AIIMS Bathinda spreads over a large area of about 177 Acres and is surrounded by lush green parks. It became operational in 2019, one of the six AIIMS to do so in 2019. AIIMS, Bathinda imparts both undergraduate and postgraduate medical education in all branches of medical science and related fields, along with nursing training to bring together in one place educational facilities of the highest order for the training of personnel in all branches of health care activities.

OUR MOTTO:

Sharīramādyam khalu dharmasādha

"The body is indeed the primary instrument of dharma." (English)

OUR MISSION:

To establish a centre of excellence in medical education, training, health care and research imbibed with scientific culture, compassion for the sick and commitment to serve the underserved.

ABOUT BATHINDA

Bathinda is a city located in the Malwa region of state of Punjab, India. Bathinda is a popular tourist destination, with many attractions for visitors. The city has several ancient temples and historical monuments, including the Quila Mubarak, a fort built in the 18th century, and the Bahia Fort, which dates back to the 19th century. The city is also home to the Bathinda Lake, a popular spot for boating and picnicking, two modern thermal powerplants, a fertilizer plant, a large oil refinery, a Zoo.

Bathinda History

The district derives its name from the district headquarters town of Bathinda, which is of great antiquity. According to Khalifa Muhammad Hassan, author of History of Patiala, its ancient name was Bikramgarh. According to raverty, Bathinda was known as Tabarhindh (Labb-ut-Twarikh). According to Ibn Batutait was known as Batrind. The earliest mention of Tabarhindh occurs in the "Jami-Ul-Hakavat" written about 607 Hijri or 1211 AD. According to "Ainai-BararBans" Bathinda was built by Bhati Rao, son of Bal Band, who became ruler of Punjab in 336 Bikrami Sambat. He also founded Bhatner .It was also called Whatinda and Bitunda which finally become known as Bhatinda. But its name was changed to Bathinda on the authority of Survey of India to conform to the phonetical expressionas locally pronounced. In recent times the town was conquered by Maharaja Ala Singh (near about 1754 AD) and since then it followed the history of erstwhile princely state of Patiala. With the dawn of indendence and merger of Patiala and East Punjab States in to a division styledatPEPSU, Bathinda become full-fledged district which states has combined even after the merger of PEPSU with erstwhile Punjab State in 1956.

MAJOR ATTRACTIONS:



Green city square



Jogger's Park



Lake + boating



Qila Mubarak



Thermal power plant



Rose garden

Medical Education at AIIMS Bathinda

Globally the training of medical graduates is transitioning from knowledge and skill based curricula to "Competency based Medical Education". As a premier Institute, AIIMS not only needs to be a leader in Health services but also to be a Centre of excellence in Medical Education Technology (MET) in Western part of the country. The mandate for AIIMS is to produce evidences towards innovative education technology which improves learning and aligns this to the need of the society. AIIMS Bathinda is using newer pedagogical techniques to achieve its mandate. AIIMS Bathinda has been imparting quality medical education by having a curriculum similar to AIIMS, Delhi. We have introduced the concept of student centered, problem based, integrated, community oriented and experiential learning for our students.









We have been able to deliver quality medical education through:

- **Foundation course:** A program for 1st year MBBS students preparing them to learn medicine effectively, to exploit the full potential of technology offered by the Institute and prepare them to be a lifelong learner. In addition, students are sensitized to concepts of first aid, basic life support, preventing bio-hazards, biomedical waste management, skills in communication, professionalism, humanities, stress and time management, self-development and career enhancement. The feedback from students has been always encouraging.
- Orientation to Clinical Teaching: A structured program of 3 weeks for 3rd Semester students making them aware of contextual learning of 2nd Professional subjects with the patient at the centre stage. Students are sensitized to skills in eliciting clinical history, examination techniques and patient care with importance of communication skills. They are also apprised of electronic record keeping through AIIMS Bathinda unique Computerised Patient Management System (CPMS).
- **Integrated teaching:** Theme based topics with engagement of students in contextual learning also encourage interdepartmental interactions. It has not only proven advantageous to students but also promoted environment of interdepartmental Collaborations.
- **<u>PRINT Program</u>**: An orientation program to prepare Interns to exploit the optimal benefit of the entire training to inculcate good clinical practices, attitude and professionalism during our training

AIIMS Bathinda has developed foundation to implement Competency Medical Education with emphasis on Interpersonal Based and Communication skills, Professionalism, System based practice and Practice based learning in addition to the Patient Care and Medical knowledge, something that is not practiced everywhere in this country. other innovations in medical education like UNCLE Many (Unconventional Learning Experience), flipped classroom and use of audience response systems are being regularly used in teaching and learning at AIIMS Bathinda, thereby highlighting that it is fulfilling its mandate of providing quality and state of the art medical education.

Regular feedback from students is a unique feature at AIIMS Bathinda .



ACADEMICS

The MBBS course comprises four and a half years, followed by compulsory rotatory internship of one year. The MBBS course is divided into 4 phases:

First Professional – Anatomy, Biochemistry, Physiology, Community and Family Medicine

Second Professional – Pathology, Pharmacology, Microbiology, Forensic Medicine and Toxicology, Community and Family medicine and Clinical postings in wards and OPD

Third Professional – Opthalmology, ENT, Community and Family medicine and Clinical postings in wards and OPD

Fourth Professional – Medicine and allied subjects(Psychiatry and Dermatology), Obstetrics and Gynaecology, Pediatrics, Surgery and allied subjects(Anaesthesiology and Orthopaedics)

Attendance:

- Attendance for all the classes, academic activities, official gathering and national festival celebrations is MUST. However, students must take prior permission if they are not able to attend any session from the Dean (Academics).
- A minimum of 75% attendance in theory & 75% in practical is essential in each separat subject to fulfill the criteria & appear for the professional examination.
- Students with low attendance who are unable to fulfill the abovementioned criteria not be allowed to write the professional exam in the particular academic session. Low attendance due to medical illness may be considered subject to submission of application in prescribed format and medical certificate from a registered medical practitioner from Govt. institution within 7 days after joining from the leave period.
- Students are required to sign the monthly attendance in each subject.

* Winter vacation (last Clinical posting (Medicine, Surgery, Psychiatry Pediatrics, OB&GY, CFM) Winter vacation(1wk) Winter vacation(1wk) @ PATHOLOGY, MICROBIOLOGY, PHARMACOLOGY, FMT (Lecture/Small +++ Clinical posting (Dermatology, Pediatrics (1/wk), orthopedics, ENT, @5th Term @ Winter vacation # Winter vacation +Clinical posting (Medicine, Surgery, Psychiatry, Pediatrics, OB&GY, 7th Term Exam Pre-Prof Exam GYNECOLOGY, PAEDIATRICS (Lecture/Small group/ Integrated + CFM, MEDICINE & ALLIED, SURGERY & ALLIED, OBSTETRICS Anesthesiology, Casualty, Dental Surgery, CFM, Elective) week) (1wk) (1wk) DEC Exam (1st + week) ‡ # Nov group/Demo/Tutorial/Practical) 8 ‡ # (+) 9th Term Exam oct Orientation teaching/Tutorial) **Ophthalmology** ‡ + 8 # (+) Clinical posting (Revision (1week) in Medicine, Surgery, Pediatrics, OB&GY, Electives) SEP 1st Professional AUGUST # PATHOLOGY, MICROBIOLOGY, PHARMACOLOGY, FMT (Lecture/Small group/Demo/Tutorial/Practical) ++ Clinical posting (Dermatology, Pediatrics (1/wk), orthopedics, ENT, Anesthesiology, Casualty, Dental 0 ‡ Exam Admission ŧ **Professional** @ Summer (10 days) Vacation (10 days) 6th Term Vacation Summer * ANATOMY, PHYSIOLOGY, BIOCHEMISTRY Exam Exam JULY (Lecture/Small group/Demo/Tutorial/Practical) Preŧ +++Summer @ 4th term * Summer Clinical posting (Medicine, Surgery, Derma, Psychiatry (1 wk) orthopedics) Exam (1st (10 days) Vacation (10 days) Vacation week) JUNE +++8th MAY Exam Term 8 + * 2nd term Exam (last 8 week) + APRIL ŧ Internship MARCH 8 + ŧ 2nd Prof Exam # Surgery, CFM, Elective) Exam Final Prof FEB ‡ # 3rd term Exam Pre-Prof Exam Exam (1st (1st week) *1st term week) Sem JAN ‡ Ļ m S 9 ø б 2 4

ACADEMIC CALENDAR (MASTER TIME-TABLE FOR MBBS UG COURSE)

Student support and progression

- Mentor mentee programme: Mentoring is a relationship between a more experienced person (mentor) and a less experienced one (mentee). As a new entrant to the professional courses (MBBS, B.Sc. Nursing) at the AIIMS Bathinda, students have a unique opportunity to be mentored by a faculty member. This mentor- mentee relationship is based on mutual trust, respect and willingness to learn and share with constructive comments and dynamic approach. The mentor encourages the mentee to actualize his/her full potential by sharing knowledge and experience and providing constant support and encouragement. The purpose is to provide them opportunity for holistic development, to make them comfortable in new environment and to get familiar with the college life, so that they can better achieve their full potential in all the spheres.
- **Class representative**: Every batch will have a male and a female representative. They will be appointed on the basis of their rank in NEET-UG examination(The criteria is subject to change as per the decision of academic dean). CRs will be representing their batch and act as a moderator between students and teachers.
- Anti-ragging programme: Ragging refers to "any conduct whether by words spoken or written or by an act which has the effect of harassing, teasing, treating or handling with rudeness any other student, indulging in rowdy or undisciplined activities which causes or is likely to cause annoyance, hardship or psychological harm or to raise fear or apprehension thereof in a fresher or a junior student or asking the students to do any act or perform something which such student will not in the ordinary course and which has the effect of causing or generating a sense of shame or embarrassment so as to adversely affect the physique or psyche of a fresher or a junior student."

Anti-Ragging Committee, AIIMS Bathinda

- The Anti-Ragging Committee in AIIMS Bathinda is required to create a safe and welcoming environment for all students, free from any kind of physical, mental, or emotional harm.
- Hence, the Anti-Ragging Committee, AIIMS Bathinda is being constituted as follows:

| S.No. | Name | Post |
|-------|----------------------------------------------------------------------------------------------------------------------------------------------------|------------------|
| 1. | Prof. Dr. Dinesh Kumar Singh, Executive Director & CEO, AIIMS Bathinda | Chairman |
| 2. | Prof. Dr. Akhilesh Pathak, Dean Academics | Co-Chairman |
| 3. | Dr. Mintu Pal (Associate Professor) | Member-Secretary |
| 4. | Dr. Rattan Singh (Assistant Professor) | Member |
| 5. | Dr. Meena Mirdha (Associate Professor) | Member |
| 6. | Dr. Narender Kaur Walia (Associate Professor) | Member |
| 7. | Senior Student Representatives: Boy Class Representative of Immediate senior Batch Girl Class Representative of Immediate senior Batch | Member |
| 8. | Freshers Student Representatives: Boy Class Representative of Freshers Batch Girl Class Representative of Freshers Batch | Member |
| 9. | Dr. Punit Pathak, Associate Professor, Law College, Central University Punjab | Member |
| 10. | Gurmukh Singh ASI, AIIMS Bathinda | Member |
| 11. | One Parent representative from Freshers batch | Member |

*This order will supersede all the previously issued orders in this regard.

Contact persons (for reporting ragging):

- Anti ragging Cell
- Boys' Hostel Superintendent: Dr. Vaibhav Saini (Mob No. 8872377681)
- Girls Hostel Superintendent: Dr. Priti Chaudhary (Mob No. 9855952965)
- Boys' hostel Warden, Mr. Kulwant Singh (Mob No. 7056408488)
- Girls Hostel Warden, Ms. Rajni (Mob No. 7009969506)
- PA to Dean: Mr. Sandeep Dhingra (0164-2867712)

The specific tasks of an Anti-Ragging Committee

- Awareness Campaigns: Creating awareness among students about the harmful effects of ragging, both physically and psychologically, and the consequences of engaging in such activities.
- **Preventive Measures:** Developing and implementing preventive measures to discourage ragging. This might involve organizing orientation programs for new students to familiarize them with the campus and their rights, and explaining the anti-ragging policies of the institution.
- **Monitoring and Surveillance:** Keeping a watchful eye on the campus to identify any potential ragging incidents. This could involve assigning members of the committee to patrol the campus during the initial weeks of a new academic year.
- **Immediate Response:** Establishing a mechanism for students to report any incidents of ragging promptly. This could include setting up helpline numbers, email addresses, or physical drop-boxes for reporting.

- **Investigation:** Promptly investigating any reported incidents of ragging to determine the facts and parties involved. The committee should ensure a fair and unbiased investigation.
- **Counseling and Support:** Providing necessary support and counseling to victims of ragging. This could involve offering psychological counseling and helping victims cope with the aftermath of such incidents.
- **Disciplinary Actions:** Recommending appropriate disciplinary actions against individuals or groups found guilty of ragging. This might include suspension, expulsion, fines, or legal actions, depending on the severity of the incident.
- **Regular Review:** Continuously reviewing and updating the institution's anti-ragging policies and measures to ensure their effectiveness.
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- **Collaboration with Students:** Encouraging students to actively participate in creating a ragging-free campus by promoting a sense of responsibility and community among them.
- **Reporting to Higher Authorities:** Providing regular reports to higher authorities within the institution and relevant government bodies about the activities, outcomes, and progress of the anti-ragging committee.

The ultimate aim of an anti-ragging committee is to foster a positive and inclusive environment where every student can pursue their education without fear of harassment or intimidation.

CENTRAL FACILITIES

Central Library

Located at the heart of the campus, our library stands as a beacon of academic excellence, fostering an environment that encourages intellectual growth and exploration.

As you step through the grand entrance, you'll be greeted by a spacious and modern atrium that exudes a sense of tranquility, making it the perfect place to escape the hustle and bustle of college life.

The library boasts a vast collection of resources, catering to the diverse interests and academic pursuits of our students and faculty. Shelves upon shelves line the walls, housing an extensive assortment of various books on medical and nursing subjects. Beyond books, the library embraces technology to enhance the learning experience. Students get free access to Clinical key, Uptodate, Access medicine, BMJ journals among others to assist them in pursuit of knowledge using modern ways of learning. The library is fully Wi-Fi enabled. There is separate wing for ELibrary wherein computers equipped with the latest software provide students with valuable research tools and the ability to access digital archives from around the world. Comfortable workstations equipped with power outlets allow individuals to plug in their laptops and work seamlessly. For those seeking a collaborative and more contemplative space, designated Group study rooms are set up in the library.



CENTRAL MESS

The fully air-conditioned Mess caters to both the boys and the girls students. The mess provides clean and hygienic food to the students with comfortable seating arrangements.

Mess timings are as follows

- Breakfast :- 7:30 9:00 a.m.
- Lunch :- 12:30 2:00 p.m.
- Evening snacks :- 5:00 6:00 p.m.
- Dinner :- 8:00 9:30 p.m.

CANTEEN FACILITIES

The campus houses 3 canteens, one opposite Emergency Building (known as Shopping Complex), one opposite OPD Building (known as Cafeteria) and one in the College Building (known as College Canteen). The canteen is a popular gathering spot for students, faculty, and staff alike. The menu caters to diverse tastes, offering a wide range of delicious and affordable options. From quick bites like sandwiches, wraps, and burgers to full-fledged meals with a variety of cuisines, there is something to satisfy every palate. Vegetarian and Non-Vegetarian choices are available, ensuring that everyone can find a dish that suits their dietary preferences. The food is prepared with care and hygiene, adhering to strict quality standards to ensure a delightful and safe dining experience.



Central Mess



Shopping Complex



College Canteen

Cafeteria

HOSTEL FACILITIES

Hostels provide rooms for students to stay during their academic course. Rooms are shared among two. It includes basic furniture like a bed, study table, chair and a wardrobe (1 for each student).

Various facilities available are as follows:

- <u>Security</u>: Hostels usually have security measures in place to ensure the safety of the students. This include security personnel, CCTV cameras, and restricted access to the hostel premises.
- <u>Internet Connectivity</u>: Hostels offer Wi-Fi connectivity, allowing students to stay connected and access educational resources online.
- <u>Laundry Facilities</u>: Various laundry services are in contact with the students. They come on specific days of the week to collect the linens and return them on next arival.
- <u>Common Area</u>: Hostels has a common area where students can relax, socialize, and engage in recreational activities. This area includes TV and TT Table.
- Housekeeping: Regular housekeeping services are usually provided to keep the hostel premises clean and tidy.
- Study Room: Hostels have designated air conditioned study room where students can focus on their academics without distractions.
- 24/7 Power and Water Supply: Ensuring continuous power and water supply is essential for students' comfort and well-being.



HOSPITAL SERVICES

Outpatient Department (OPD) services:

The OPD occupies a very important value in any Institute or hospital and is considered to be a window to the Hospital care. OPD in our Institute has broadly 3 roles- Patient care, medical education and research.

<u>Patient Care</u>: The patients in OPD need compassionate care, clear communication and Convenience. AIIMS Bathinda endeavour to provide this along with counselling for the patients.

<u>Teaching and training</u> :The OPD is the most appropriate place for teaching and training – for students, interns, residents and faculty

<u>Research</u>: Availability of Computerised Patient Management System (CPMS) has opened a new facet for conducting research in OPD and IPD setting.



Inpatient Department (IPD) Services

College now has nearly 1000 bedded Hospital. Hospital services especially Inpatient Department form the significant component of the scope of All India Institute of Medical Sciences at Bathinda. Inpatient Department (IPD) is important not only towards providing advanced treatment to sick patients but is also essential for providing quality undergraduate training for our MBBS, B.Sc (Nursing) as well as Post Graduate students.

Diagnostic Services

We aim to serve patient needs by setting diagnostic facilities with the advanced technologies to improve the area of laboratory medicine.

Our mission is to establish center of excellence in faculty and technician training, diagnosis and research.

The departments of Biochemistry, Microbiology, Pathology & Radiology departments have state of the art Laboratories and technology to augment clinical diagnosis with precision.















Recreational Activities

Our AIIMS has a lot of facilities and opportunities for the students to develop holistically and engage in activities other than academics which will help them relax, improve their physical health, focus better and channelise their energy for their own betterment.

Our college typically provides:-

1. **Sports facilities** – Institute has outdoor sports grounds for activities like cricket, football, basketball as well as indoor sports facilities for games like table tennis or badminton.



2. **Cultural Events**: AIIMS Bathinda organises cultural events and competitions where students can showcase their talents in music, dance, drama and other performing arts. These events help foster a sense of community and provide a platform for creative expression.



3. **Festivals and Celebrations**: AIIMS Bathinda celebrates festivals and special occasions, organizing events like janamashtmi celebrations, Holi parties, and annual Fresher's party. These events create a festive atmosphere and allow students and staff to unwind and enjoy themselves.





EDITORIAL COMMITTEE





Dr. Soumya Swaroop Sahoo (U.G. COORDINATOR)

Dr. Monica Kakkar (ASSOCIATE DEAN ACADEMICS)

EFFORTS BY



Gurdeep Singh



Shreya Garg Students of Batch-2021



Utkarsh Kapoor

Route from Bus Stand to AIIMS Bathinda



Route from Railway Station to AIIMS Bathinda

